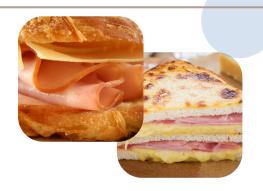
# MENU

SUMMER MENU

Bacon & Egg Roll

# **BREAKFAST (AVAILABLE FROM 8AM)**



Ham & Cheese Croissant \$5.00

Ham & Cheese Toastie \$4.50

Ham, Cheese & Tomato Toastie \$5.00

# **COLD FOOD**

# SUSHI (8 PIECES PER PACK)

\$7.00

Teriyaki Chicken (GF), capsicum, carrot, cucumber Sweet Chilli Chicken, capsicum, carrot, cucumber and sweet chilli mayonnaise

Chilli Tuna (GF), capsicum, carrot and cucumber

# COLD ROLLS (GF) (2 ROLLS PER PACK)

\$6.50

Teriyaki Chicken, vermicelli noodles, cucumber, carrot and lettuce Chicken roasted chicken, vermicelli noodles, cucumber, carrot and lettuce Vegetarian Vermicelli noodles, cucumber, carrot and lettuce (if ordered)

#### SANDWICHES/ ROLLS/ WRAPS from \$4.00

Chicken, ham, cheese and salad options-just ask! Can be toasted too.

#### SALADS \$7.50

Chicken Caesar Chicken, lettuce, croutons, bacon, egg with Caesar dressing

Vietnamese Chicken Salad Vermicelli noodles, carrot, cucumber, lettuce and chicken with an Asian style dressing

Canteen staff can make a salad to your liking, just ask us.

\*Can be made GLUTEN FREE on request





\$6.00

# **SNACKS**

FRESH FRUIT SALAD	\$5.00
FLEURIEU YOGHURT (LF)	\$3.50
YOGHURT SHOP YOGHURT	\$4.50
RED ROCK CHIPS (GF)	\$2.50
Small	•
Large	\$3.50
Sea salt, honey s <mark>oy</mark> chicken, sweet chil <mark>li &amp;</mark> sour	
cream, balsamic <mark>vin</mark> egar & sea salt flav <mark>ou</mark> rs	
MUFFINS	\$4.00
COOKIES	\$3.00
GLUTEN / DAIRY FREE CHOCOLATE CAKE	\$4.00
DONUTS	\$4.50
BYRON BAY GF COOKIES	\$4.00
HOME-MADE SCROLLS	\$3.50
Pizza napolitana sauce, ham and cheese	
Apple & Cinnamon	
Vegemite & Cheese	
HASHBROWNS (GF) (2 per serve)	\$3.00
ICECREAMS & ICY POLES \$1.00 -	\$4.50

### **HOT FOOD**

Home-made taco bowl \$6.00

Corn chips topped with seasoned taco meat and cheese, served with lettuce, tomato and cucumber. (Please ask for GF if required)

\$6.00 Nachos

Corn chips with mild salsa and cheese G/F available

Tomato, cucumber and lettuce salad available for extra \$1.00 (Please ask for GF if required)

\$6.00 Macaroni & Cheese

Spaghetti Bolognaise \$6.00

Order only; GD, DF available

Lasagna \$6.00

Beef or Vegetable lasagna Tomato, cucumber and lettuce salad available for extra \$1.00

(GF available, on order)

#### **Baked potatoes**

\$6.00

Ham & cheese (G/F available, on order) Bolognaise & cheese (G/F available, on order) Served with coleslaw, beetroot & pineapple

Sweet Chilli Chicken \$6.50

Hot roast chicken, sweet chilli mayonnaise and lettuce in a hotdog roll

\$4.50 Jumba

Hot ham and cheese in a hamburger bun

Garlic bread GF, DF, Vegan available on order (\$4.00)

Home-made fried rice

With 4 spring rolls G/F without spring rolls (\$5.00)



### **BURGERS & HOT DOGS**

#### Chicken burger

Oven baked crumbed chicken patty, lettuce and mayo

Beef burger \$6.50

Beef patty, cheese and tomato sauce Add bacon \$1.00

Add tomato, beetroot, lettuce, cheese, pineapple, or extra sauce \$0.50 per item

Hot dog with sauce \$5.50 Hot dog with cheese & \$6.00

Hot dog with bacon \$7.00 cheese & sauce

Extra sauce \$0.50 each. Tomato, BBQ sauce and American Mustard available

# BAKERY

Plain meat pie	\$5.50
Sausage roll	\$5.50
Cheese & bacon	\$5.50
sausage roll	
Pasty (Meat or	\$5.50
Vegetarian)	
Cheese kransky	\$6.50
Spinach and feta	\$5.50

roll (Vegetarian) We have various other items available from \$5.50. Just ask.

### WISTERS & FOCCACIAS

#### Chicken Chilli Twister \$6.50

\$6.00

Wrap with oven baked chicken chilli tenders lettuce and Caesar dressing Add bacon \$1.00

Add tomato, beetroot, cheese, pineapple, or extra sauce \$0.50c per item added

#### FOCCACIAS

\$6.50

Chicken Mayo Toasted focaccia bread with chicken, mayonnaise, tomato, bacon, cheese and baby spinach

Chicken Avo Toasted focaccia bread with chicken, avocado, tomato, bacon, cheese and baby spinach

Italian Toasted focaccia bread with napolitana sauce, ham, salami and cheese

#### TURKISH BREAD MELTS \$6.50

Parmi Toasted Turkish bread with oven baked chicken schnitzel, napolitana sauce and cheese

# **DRINKS**

<b>Bottled</b> water	\$1.00
Lipton iced tea	\$4.50
Variana flananza	

Various flavours

\$4.50 Fleurieu Milk 500ml

Various flavours (lactose free)

Oak Milk 600ml

\$4.50 Various flavours

\$4.00 Nippy's Milk 375ml

Various flavours

Juices Various flavours

Nippy's Mineral \$4.50 Water 600ml

Various flavours

Slushies

Small \$2.50 \$3.50 Large

\$4.50

